



ALLERGY NEW PATIENT - MEDICATIONS TO STOP TAKING

5 DAYS BEFORE ALLERGY TESTING

To do allergy testing, specific medications termed antihistamines need to be discontinued 5 days prior to testing. You DO NOT need to stop decongestants, but please note that many brands available over the counter combine decongestants with antihistamines. If you are not sure, please call our office to clarify (330) 543-0140.

***DO NOT STOP ANY MEDICATIONS FOR ASTHMA. INHALERS AND MONTELUKAST MAY BE CONTINUED.**

***DO NOT STOP ANY MEDICATIONS FOR HIVES.**

***DO NOT STOP ANY HEART, DIABETES, HIGH BLOOD PRESSURE, ANTIBIOTICS OR PSYCHIATRIC MEDICATIONS: DEPRESSION and ANXIETY**

STOP ALL ANTIHISTAMINE MEDICATIONS 5 DAYS BEFORE YOUR VISIT

<u>MOST COMMON</u>	<u>NASAL SPRAYS</u>	<u>LEAST COMMON</u>
Loratadine (Alavert/Claritin)	Azelastine (Astepro, Astelin)	Comtrex Calm-Aid
Desloratadine (Clarinex)	Olopatadine (Patanase)	Tanafed Scot-Tussin Allergy
Fexofenadine (Allegra)	*Corticosteroid nose sprays DO NOT need to be stopped: <i>Flonase, Nasonex, Nasacort, Rhinocort, Veramyst, Nasarel, QNasl, Zetonna and Omnaris</i>	Polaramine Sominex
Levocetirizine (Xyzal)	<i>Generic names include:</i> <i>Budesonide, Fluticasone, triamcinolone mometasone, Ciclesonide, beclomethasone</i>	Semprex Hydramine
Cetirizine (Zyrtec)	<u>EYE DROPS</u>	<u>Any product with:</u>
Diphenhydramine (Unisom, Diphedryl, Benadryl)	Visine-A	Carboximine, Triprolidine HCL, Dosylamine succinate
Chlorpheniramine (Aller-Chlor, C.P.M., Chlo-Amine, Chlor-Allergy, Chlor-Mal, Chlor-Trimeton, Chlorphen and other Triaminic products)	Azelastine (Optivar)	Dexbrompheniramine (Drixoral)
Clemastine (Allerhist-1, Contac 12 hr Allergy)	Ketotifen (Zaditor, Alaway)	Tripelennamine (PBZ & PBZ-SR)
Brompheniramine (Dimetapp and Dimetapp products)	Epinastine (Elestat)	Meclizine (Bonine Triaminic)
Hydroxyzine (Atarax, Rezine)	Olopatadine (Patanol, Pataday and Pazeo)	Pediacare Products
Pyrlamine (Tussi products)	Opticon/Opcon-A	Carbinoxamine (Duradryl/Rondec Genahist)
Cyproheptadine (Periactin)	Levocabastine (Livostin)	<u>ANTI ACID MEDICATIONS</u>
Promethazine (Phenergan)	Alcaftadine (Lastacaft)	Ranitidine (Zantac)
Tylenol PM (All)	*DO NOT STOP ANY EYE DROP FOR OTHER EYE CONDITIONS SUCH AS GLAUCOMA OR INFECTIONS	Famotidine (Pepcid)
		Cimetidine (Tagamet)
		Nizatidine (Axid)